Developing GP services and a locality plan for North East Oxfordshire

Thursday 30 November 2017
Programme

6.30pm  Arrival and Introductions

6.35pm  Presentation; Developing GP services and a Locality Plan for North East Oxfordshire

6.50pm  Panel Questions and Answer session
  - Dr Stephen Attwood, Locality Clinical Director
  - Catherine Mountford, Director of Governance

7.15pm  Workshop around tables to discuss draft proposals and GP services

7.50pm  Wrap up, closing remarks and next steps

8.00pm  Close
GP practices face challenges

- Shortage in workforce and difficulty recruiting staff
- Lack of investment to allow general practice to thrive
- Increasing and ageing population
- Increasing demand for same-day access for urgent care
- Increasing pressure in managing complex, frail or elderly patients
- Small practices finding it increasingly challenging to be sustainable
- Premises requiring improvement
- Increasing administrative burden
- Increase in the number of non-clinical consultations
- Lack of integrated working
The new model of primary and community care in Oxfordshire will be based on:

- delivering appropriate services at scale
- organising around geographical population-based need
- delivering care closer to home
- a collaborative, proactive system of care
- delivery by a multidisciplinary neighbourhood team
- support by a modernised infrastructure
There are currently 7 GP practices in the North East locality with a total population of 83,973 patients.

<table>
<thead>
<tr>
<th>Practice</th>
<th>Number of patients registered</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Alchester Medical Group (Langford + Victoria House)</td>
<td>20,031</td>
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<tr>
<td>2. Bicester Health Centre</td>
<td>13,818</td>
</tr>
<tr>
<td>3. Montgomery House Surgery</td>
<td>14,294 (48,143)</td>
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<tr>
<td>4. Gosford Hill Medical Centre</td>
<td>7,164</td>
</tr>
<tr>
<td>5. Islip Medical Practice</td>
<td>5,872</td>
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<tr>
<td>6. KEY (Kidlington, Exeter, Yarnton Medical Practice)</td>
<td>12,794</td>
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<tr>
<td>7. Woodstock Surgery</td>
<td>9,129 (34,959)</td>
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</table>
We have been engaging people as we develop the plan for North East Oxfordshire:

- GP practices have told us about their challenges and ideas for the future
- Patient representatives have told us about the experience of using primary care in North East Oxfordshire
- Patient survey data has helped us understand the experience patients have of using local services.
- District Councils and other organisations have helped us understand the expected growth in housing and future needs.
- Public Health at Oxfordshire County Council have helped us understand the health needs of North East Oxfordshire and whether these are different from elsewhere.
## Housing growth estimates

<table>
<thead>
<tr>
<th>Locality</th>
<th>Cluster</th>
<th>5 Year Housing Growth Total</th>
<th>*Population Growth 5yr Total</th>
<th>10 Year Housing Growth Total</th>
<th>*Population Growth 10yr Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>South East</td>
<td>Bicester Neighbourhood</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Kidlington &amp; surrounds (includes Yarnton, Islip and Woodstock)</td>
<td>4,536</td>
<td>10,886</td>
<td>7,739</td>
<td>18,574</td>
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<td></td>
<td></td>
<td>906</td>
<td>2,174</td>
<td>1,222</td>
<td>2,170</td>
</tr>
<tr>
<td>Grand Total</td>
<td></td>
<td>5,442</td>
<td>13,060</td>
<td>8,961</td>
<td>20,744</td>
</tr>
</tbody>
</table>

* c55,000+ people by 2031

Assumes an average occupancy of 2.4 people
The ward of Woodstock & Bladon has a significantly higher proportion of the population aged 85+

Small areas of Bicester had the highest rates of child and older people poverty

Health outcomes were generally better than national average

The 3 wards highlighted as worse than average on the selected small area health indicators are:

- Caversfield
- Kidlington South
- Bicester East
The developing plan

• To understand how patients use health services in different areas, we have assessed evidence and data for each locality, and how the population is likely to change in the future.

• Throughout the summer your GP practice has joined the others in the North East Locality in talking about how they currently work, what problems they regularly face and how they could work better.

• We have also been talking to Patient Participation Group Chairs to find out more about the patient experience, listening to what patients feel is important and their ideas for change.

• From this ongoing engagement work with patients, GPs and clinicians in your local area, we have identified the challenges each locality faces, their priorities and how those priorities could be met.
North East Oxfordshire Locality

Challenges:

- Significant planned population growth in the locality
- Higher than average A&E attendance
- High cost of living is a barrier to recruitment
- A need for changes in estates and infrastructure to deliver a new model of primary care
- A background of significant loss of primary care funding through national reduction in MPIG which disproportionately affects NE practices.

What are our priorities?

- Ensure sustainable primary care
- Increased capacity to manage housing growth
- New models of care for long term conditions
- New models of care for frail / elderly
- Increased self-care and health and wellbeing
How?

- Increase access to primary care appointments at evenings and weekends (a national requirement)
- Streaming of primary care appointments (urgent access hub)
- Support for practices to work together
- Use of different skill mix with doctors, nurses, and therapists
- New ways of ensuring patients get planned care closer to home
- Enhanced primary care visiting service for older and vulnerable people. The service is made up of a team of emergency care clinicians working closely with GP practices and other community health and social care services who provide home visits to patients on behalf of their GP.
How? Cont.

- exploration of local ambulatory assessment facilities for frail elderly patients
- Exploration of minor injuries unit in Bicester
- Social prescribing such as referrals to weight loss classes, exercise classes or taking part in sport.
- Bicester Healthy New Town – working with partners, organisations and residents to ensure it becomes a place where healthy behaviour is easy, fun and affordable – where being active, eating healthy food, and being a good neighbour are part of normal daily life.
Any Questions?
Questions to discuss

1. Do you agree with the suggestions and ideas presented?
   1. Practices working at scale?
   2. Streaming of primary care appointments? (use of urgent access hubs)
   3. Early visiting service?
   4. Other professionals working in primary care?
   5. Planned Care closer to home?
   6. Local ambulatory care services?
   7. Explore a Local Minor Injuries Unit in Bicester?

2. What else could be improved at your GP practice?