If you’re interested in having a say in the way your local health services are delivered, getting involved with your practice’s Patient Participation Group (PPG) is a great place to start.

PPGs are made up of a group of volunteer patients, the practice manager and one or more of the GPs from the practice, who meet either face-to-face, online or a mix of both to discuss the services on offer, and how improvements can be made for the benefit of patients and the practice.

Interested? For more information contact your practice manager or look at your surgery’s website for details on how to join.