Stroke Services
in Oxfordshire

Working to support people affected by stroke

Stroke support in Oxfordshire:

- Community Stroke Support
- Communication Support
- Stroke Advisor Support
- Specialist Home Support
Community Stroke Support
This support is for people of working age affected by stroke.

We can provide:-
- access to a network of people with similar experiences
- help with returning to work whether in paid employment or a voluntary capacity
- assistance to access local leisure and social activities

Please contact: Julia Tyzack, Stroke Advisor
Telephone: 01993 834746
Mobile: 07958 062865
Email: julia.tyzack@stroke.org.uk

Communication Support
This support is for people whose speech and communication skills have been affected by stroke.

We can provide:-
- support in a group setting with trained volunteers
- the opportunity to practice communication and gain confidence
- help to reduce feelings of isolation

Please contact: Judith Rose, Service Coordinator
Telephone: 01865 862416
Mobile: 07974 909870
Email: judith.rose@stroke.org.uk
Stroke Advisors

*Stroke Advisors are based on stroke wards; they can provide information, guidance and resources to help survivors of stroke, their carers and family.*

The Stroke Advisor can:
- Provide information about strokes and care after stroke
- Advise you of and direct you to national and local services
- Be someone you can talk to whenever you have a question or need information.

For patients from the John Radcliffe Stroke Unit contact:
**Michele Cooke 07765423979**  
Email: Michele.cooke@oxfordshire.gov.uk

For patients from the Horton Hospital or other hospitals contact:  
**Julia Tyzack 01295 275500**  
Mobile: 07958 062865  
Email: Julia.tyzack@oxfordshire.gov.uk

Flexible Home Support for Stroke survivors and people with Dementia

- To provide support to people diagnosed with dementia or who have had a stroke, and their carers to maintain their independence, health and wellbeing for as long as possible.
- To prevent people with dementia or those who have had a stroke from entering residential care for as long as possible and to reduce the instances of crisis situations including hospital admittance.
- To reduce carer stress and enable carers to continue caring for as long as they wish.

For more information on this service please contact the Access Team on: Tel: **0845 050 7666**  
Email: access@oxfordshire.gov.uk
Community Stroke Units

There are two community stroke rehabilitation units, one based at Witney Community Hospital and one at Abingdon Community Hospital. Both are 10 bedded units and have a dedicated team, comprising of nurses, doctors, occupational therapists, physiotherapists, speech and language therapists, dieticians and social workers.